

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Kindt Maarten

Coaches: Kindt Joachim HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 16: 100M FREESTYLE MEN			Heat:2, starttime: 09:15
Heat: 2/10 Lane : 6 Athlete: CAUDRON XIBE			Q-time: 00:55:39
PB (50m pool): 00:55.39 Aalst 26/04/2026			PB (25m pool): 00:54.90 SB: 00:55.39 Aalst 26/04/2026
	5 0 M	1 0 0 M	
PB	00:26.22	00:55.39	
	00:26.22	00:29.17	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN			Heat:3, starttime: 09:33
Heat: 3/8 Lane : 5 Athlete: LEGRAND ALICIA			Q-time: 01:20:22
PB (50m pool): 01:20.22 Antwerpen 15/03/2026			PB (25m pool): 01:20.45 SB: 01:20.22 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.01	01:20.22	
	00:38.01	00:42.21	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN			Heat:9, starttime: 10:15
Heat: 9/9 Lane : 3 Athlete: DE SCHRYVER NOAH			Q-time: 00:28:63
PB (50m pool): 00:28.63 Antwerpen 27/04/2025			PB (25m pool): 00:26.97 SB: 00:28.94 Antwerpen 22/03/2026
	5 0 M		
PB	00:28.63		
	00:28.63		
			

Coach feedback:

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Event number: 23: 100M FREESTYLE WOMEN			Heat:6, starttime: 10:51
Heat: 6/9 Lane : 4 Athlete: EELBODE EMELIE			Q-time: 00:59:17
PB (50m pool): 00:59.17 Antwerpen 08/03/2026			PB (25m pool): 00:59.44 SB: 00:59.17 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:28.91	00:59.17	
	00:28.91	00:30.26	
			

Coach feedback: